

December , 2011

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**MEETING DATES  
& LOCATION –  
1<sup>ST</sup> & 3<sup>RD</sup> THURSDAYS @  
BREA BAPTIST CHURCH  
217 E BIRCH ST – BREA  
CORNER OF BIRCH & FLOWER**

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**Dates to Remember:**

- Dec 1 Business Meeting –  
Brea Baptist Church  
Noon – 1:15 pm
- 'Dark' Human Trafficking  
Awareness – Brea  
Mall – Information Table
- Dec 8 Board Meeting – 6 pm  
Wanda's Home
- Dec ?? Bell Ringing- Stay tuned
- Dec 15 Christmas Luncheon-  
'La Vie en Rose' –  
Noon – 2 pm  
Bring 'ornament' to  
Exchange - \$20 limit
- Dec ?? La Habra Chamber /  
Brea Chamber -  
Mixers – 5 – 7 pm  
[www.lahabrachamber.com](http://www.lahabrachamber.com)  
[www.breachamber.com](http://www.breachamber.com)
- Dec 25 CHRISTMAS DAY
- Jan 1 HAPPY NEW YEAR!!



**What a wonderful day!!!** The SI Brea/La Habra Author's Brunch on Nov 12, 2011, at Alta Vista Country Club was such a huge success.

Chairperson, Dawn Fielder did an amazing job of keeping us on task. Shirley and Fran did a beautiful job with the table centerpieces and everyone jumped in to help place them on the tables and add the final touches. The room looked gorgeous!!! The guests were greeted and checked in by Eloisa and Tami and the attendance was fantastic. Gina, Margaret and Kathy did a wonderful job selling the beautifully colored balloons and it was a sell out as usual. Kathy had spent the previous day in the hospital, but was not going to miss this event, what a trouper. Elayne Kendle worked her wonders modeling the diamond and sapphire necklace which was donated by Sue Levine's employer, Ben Bridge Jewelers. It definitely was a WOW! Kim Beckley donated the most beautiful quilt as an item for the drawing. Everyone was so helpful and did an outstanding job making everything run smoothly. Again, I want to thank each and every one of you for your hard work and dedication which made this event so very special.

Of course, the Authors made the day. They did such a great job and everyone was enthralled listening to each one's special way of introducing their books. Thanks to Denise Hamilton, Laurel Corona, Adrienne Sharp and Nina Revoyr, such special authors. Also, thanks to Linda Friedman for finding these wonderful authors and bringing them to us. We did really well, somewhere around \$9,300.00 net. Thank you to all for selling tickets and bringing all your friends and relatives. We had a great attendance.

Our Thanksgiving Feast was held at Elayne & Chuck Kendle's home. I especially like this event because we get to taste the best of the best, lots of food and plenty of dessert. Thanks Chuck for picking up the turkey & trimmings. Kim Beckley out-did herself with yet another beautiful quilt. She raised \$250.00 and Jill Kimble was the lucky winner. Hope you were able to attend. Jen brought Cole for us to meet and he was such a sweetheart. He loved being held and carried around.

The Christmas Luncheon at La Vie en Rose is December 15 at 12:00 noon and as always bring an ornament/gift for exchange. Be prepared for a fun day.

On a sad note, Isabelle Rhymes, Life member, passed quietly in her sleep at about noon on November 15, 2011. She was a close friend and mentor to Els & George Delanoy. She has been a great email buddy of mine for a number of years. She will be greatly missed.

Please be on the lookout for recipients for our Awards programs. Everyone needs to give input for these awards.

Thanks for being the wonderful members and friends you are.

Happy Holidays and a Merry Christmas. Eunice



x17057800 fotosearch.com



Name: \_\_\_\_\_

Monthly Dues: \$45.00\*  
 (Due by the 5<sup>th</sup> each month)

Address Change: \_\_\_\_\_

\*includes Annual Federation Dues  
 & Annual Region Dues (pro-rated)

Telephone # change: \_\_\_\_\_

**Please mail to: S.I. Brea/La Habra/Eloisa Sharp - 1871 W. La Habra Blvd. - La Habra, CA 90631**

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**"Membership Moment" by Terri Daxon**

In between times you are hunting for the perfect holiday gifts, hunt for prospective club members. To help you out, we've updated our club brochure and have them and our new business cards available for you at all of our meetings. If you don't ask you will never know if someone is interested in learning more about Soroptimist and our club. Ask away.

**Women and Aging – Stay tuned for more information in January ..... Shared by Kim Beckley**

The world's population is aging at an unprecedented rate. By 2050, the worldwide population over 60 will reach 1.2 billion. People aged 65 and over will soon outnumber children under the age of 5 for the first time in history.

Where do women fit into these statistics? And why is it important to consider the challenges of women who are aging? For one, women live longer than men. The majority of older persons (55%) worldwide are women. While aging women face the same health, economic and social issues of all the elderly, they have more challenges unique to gender. – SIA white papers

Member corner:



**December Birthdays:**

Sue Levine.....12/2 Pat Fox.....12/5 Linda Ross.....12/7 Janine Fiddelke-Arp.....12/10 Terri Daxon ..... 12/19

## Authors Brunch Success!!



Our Quilt Winner!



Our Necklace Winner!





**" Thought for the Month "**

"People will forget what you said;  
People will forget what you did.  
But people will never forget how you made them feel."  
- Unknown

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**A Must read for your health - They Teach It at Stanford** (shared by Linda Ross)

"I just finished taking an evening class at Stanford. The last lecture was on the mind-body connection - the relationship between stress and disease. The speaker (head of psychiatry at Stanford) said, among other things, that one of the best things that a man could do for his health is to be married to a woman, whereas for a woman, one of the best things she could do for her health was to nurture her relationships with her girlfriends.

At first everyone laughed, but he was serious.

Women connect with each other differently and provide support systems that help each other to deal with stress and difficult life experiences. Physically this quality "girlfriend time" helps us to create more serotonin - a neurotransmitter that helps combat depression and can create a general feeling of well-being. Women share feelings, whereas, men often form relationships around activities. They rarely sit down with a buddy and talk about how they feel about certain things or how their personal lives are going. Jobs? Yes. Sports? Yes. Cars? Yes. Fishing, hunting, golf? Yes. But their feelings? Rarely.

Women do it all of the time. We share from our souls with our sisters/mothers, and evidently that is very good for our health. He said that spending time with a friend is just as important to our general health as jogging or working out at a gym.

There's a tendency to think that when we are "exercising" we are doing something good for our bodies, but when we are hanging out with friends, we are wasting our time and should be more productively engaged-not true. In fact, he said that failure to create and maintain quality personal relationships with other humans is as dangerous to our physical health as smoking!

So every time you hang out to schmooze with a gal pal, just pat yourself on the back and congratulate yourself for doing something good for your health! We are indeed very, very lucky. Sooooo let's toast to our friendship with our girlfriends. Evidently it's very good for our health."



*Merry Christmas !!*

**2011 — 2012 Officers**

Eunice Conliffe .....President  
(714) 323-3732

Dawn Fielder.....President Elect  
(562) 691-1256

Terri Daxon  
(714) 529-1218..... 1<sup>st</sup> Vice President  
& Kathy Campanelli (Membership)  
(714) 738-8121

Dawn Fielder.....2<sup>nd</sup> Vice President  
(562) 691-1256 (Ways & Means)

Eloisa Sharp.....Treasurer  
(562) 694-1029

Tami Mehlbrandt.....Asst.Treasurer  
(714) 292-2869

Kim Beckley.....Recording Secretary  
(714) 990-2509

Linda Ross.....Corresponding Sec.  
(714) 680-6456

Jill Kimble.....One Year Delegate  
(714) 528-3401

Jane Shellhouse.....Two Year Delegate  
(714) 255-8446

Fran Steinberg..... Director

**COMMITTEES**

Scholarships.....

Softball .....

Woman of Opportunity .....

Violet Richardson Award .....

Ruby: For Women Helping Women .....

Public Awareness.....

Membership .....

Ways & Means .....

Service/Charity .....

**CLUB APPOINTMENTS**

Programs .....

Committee Chairs Coordinator .....

Club Photographers.....

Newsletter .....

Hospitality.....

Webmasters.....

Human Trafficking .....

Facebook .....

Parliamentarian .....

Pat Fox, Els Delanoy, Linda Ross,  
Elayne Kendle

Dawn Fielder, Terri Daxon,  
Gina Vander Meer

Esther Poling, Gina Vander Meer  
Terri Daxon

Aida Magana, Kathy Campanelli  
Terri Daxon

Kathy Campanelli, Terri Daxon

Dawn Fielder, Fran Steinberg  
Fran Steinberg

Elayne Kendle, Wanda Delgado  
Barbara Walling  
Sue Levine, Dawn Fielder

Eloisa Sharp

Jill Kimble & Elayne Kendle  
Terri Daxon & Dawn Fielder

Jane Shellhouse  
Kathy Campanelli  
Shirley Stewart

S.I. Brea/La Habra is Online at:  
[www.soroptimistblh.org](http://www.soroptimistblh.org)

S.I. Desert Coast Region Online:  
[www.soroptimistdcr.com](http://www.soroptimistdcr.com)

S.I. of the Americas is Online at:  
[www.soroptimist.org](http://www.soroptimist.org)



Soroptimist Int.of Brea/La Habra  
P.O. Box 521  
Brea CA 92822-0521

S.I. BREA/LA HABRA  
"SHOWCASE"



**Soroptimist International of**

**Brea/La Habra**

Chartered May 10, 1973

Soroptimist is an association of Professional and Executive women participating in community and world-wide service.

Soroptimist means "Best for Women"

Soroptimist provide many different services in the community both with special projects and with scholarships awarded to local students and women returning to the work force.

**Meetings are held at:**

**Brea Baptist Church**

(corner of Birch & Flower)  
217 E. Birch St.  
Brea, CA 92821

1<sup>st</sup> & 3<sup>rd</sup> Thursdays each month  
12:00-12:15 pm – Social Time  
12:15 – 1:15pm - Meeting

President Eunice Conliffe  
(714) 323-3732

**The Official Soroptimist Statement**

"Soroptimist is an international volunteer organization for business and professional women who work to improve the lives of women and girls, in local communities and throughout the world."

**S.I. Brea/La Habra support the following organizations:**

***The Gary Center***

***La Habra Community Resource Center  
Women's Transitional Living Ctr.***

***Brea-Olinda High School - Life Skills***

***And others...***